



Guidelines for Return to Participation

The Virginia High School League (VHSL) in conjunction with the Virginia Department of Health, Virginia Department of Education and the Governor’s Office have put in place preventative measures to reduce and minimize the potential exposure of athletes to COVID-19 while participating in sports training and contests. The VHSL has released its “Guidelines for Return to Participation” for school divisions. This document will provide guidance for schools to ensure a safe reopening of sports and activities. Please go to <https://www.vhsl.org/> and review the guidelines on the Virginia High School League home page.

The modifications outlined in “Guidelines for Return to Participation” are meant to decrease potential exposure to respiratory droplets by encouraging social distancing, limiting participation in administrative tasks to essential personnel and allowing for appropriate protective equipment. Recommendations include cleaning and disinfecting; mask protocols; transportation; and how to run activities safely for individual sports and activities.

We acknowledge we have read and agree to the terms of the Virginia High School League 2020-2021 Guidelines for Return to Participation.

Printed Student’s Name/Grade

Student’s Signature/Date

School

Parent’s/Guardian’s Signature/Date